



SIANI

Swedish International Agricultural Network Initiative



SUSTAINABLE AGRICULTURAL PRODUCTION & FOOD SECURITY

Welcome to a SIANI - SLU Global Workshop

Uppsala Health Summit — Pre workshop

Bending the Curve – Africa’s Unfolding Agrifood System and Diet Transformation

Wednesday 13 April 2016, 13:00 to 19:00

Ulls hus, Almas allé 8, Lecture room S

Organization of the Workshop:

In conjunction with the upcoming Uppsala Health Summit in 2016, a pre-conference workshop with invited specialists working with these issues from a policy, advocacy and research perspective have been invited to share their expertise and diverse perspectives.

The workshop is organized around three themes:

- **Adolescent Perceptions on Diet, Physical Activity, Body Size, and Obesity in Botswana (Rural-urban transition)**
- **Impact of Maternal Nutrition Deprivation and Later Life Chronic Non-communicable Disease Risk as Part of the Nutrition Transition**
- **Capacity for Scaling Up Nutrition Interventions—Lessons from West Africa**

Short presentations will be made in plenary to highlight key issues and possible gaps requiring further understanding.

Participants attending this workshop are expected to identify one of the three themes around which they will form groups for discussion. After the presentations, participants will have one hour to discuss and share experiences relating to their particular theme. The final outputs of the group discussions should be specific questions to be addressed in the forthcoming Uppsala Health Summit in a workshop session “Migration and the Food Environment”.

Uppsala Health Summit 2016

The theme for the 2016 [Uppsala Health Summit](#) is “Ending Childhood Obesity”. Around 42 million children under 5 years are overweight or obese today. If trends persist, this figure will reach 70 million by 2025.

In Africa, the number of children who are overweight or obese have doubled since 1990. By 2025 the majority of obese or overweight children will live in low- and middle income countries. In high-income countries, overweight and obesity is generally plateauing. However, among children in socially disadvantaged groups the prevalence of obesity is still increasing. The prevalence of diabetes in sub-Saharan Africa is expected to increase by 100 % by 2035.

Workshop program

13:00-13:10	Welcome and Introduction	<i>Linley Chiwona-Karlton;</i> Workshop Leader, SLU
13:10-13:25	Uppsala Health Summit and Workshop Objectives—Ending Childhood Obesity	<i>Madeleine Neil;</i> Project Manager, Uppsala Health Summit
<i>Linley Chiwona-Karlton, Chairperson,</i>		
13:30-13:50	Adolescent Perceptions on Diet, Physical Activity, Body Size, and Obesity in Botswana (Rural/urban transition)	<i>Leapetswe Maletse;</i> University of Botswana
13:50-14:10	Impact of Maternal Nutrition Deprivation and Later Life Chronic Non-communicable Disease Risk as Part of the Nutrition Transition	<i>Paul Amuna;</i> Primary Health Care Corporation, Qatar
14:10-14:30	Capacity for Scaling Up Nutrition Interventions —Lessons from West Africa	<i>Francis Zotor;</i> University of Health & Allied Sciences, Ghana
14:30-14:45	<i>Coffee/tea break</i>	
<i>Paul Amuna, Facilitator</i>		
14:45-15:00	Questions and Issues for Discussion	
15:00-16:00	Thematic Group Discussions on Bending the Curve of Obesity	
16:00-16:45	Plenary Presentation and Discussion	
16:45-17:00	Summary and Closing Remarks	<i>Madeleine Neil</i>
17:00-19:00	Refreshments and Entertainment	<i>Hamidou and Leps</i>

- For registration, please contact Kyla.Krogseng@slu.se and indicate with which theme you intend to participate in the discussion.
- Kindly RSVP by 5 April 2016.
- For updated information please visit the [workshop webpage](#).

Short bios of Guest Speakers and Facilitators



Linley Chiwona-Karlton

Trained dietician with specialisation in international health. She is on the editorial board for Nutrition and Food Sciences Database, a trustee of the African Nutrition Society, board member for the International Potato Centre (CIP), board member Association of African Agricultural Professionals in the Diaspora (AAAPD) and an advisor to Making Markets Matter Inc. Currently she is a senior researcher and lecturer in Urban and Rural Development at the Swedish University of Agricultural Sciences where she is a team leader on interdisciplinary capacity building and research education training in Swedish international Research and Development. Her research focus is on food production and consumption, gender and rural change outcomes.



Leapetswe Malete is Associate Professor of Sport Psychology and former Director of International Education and Partnerships at the University of Botswana. Malete's teaching and research interests are: youth psychosocial development through sport and physical activity; self-efficacy, motivation and athletic performance; physical activity, nutrition and health; higher education partnerships, policy and institutional transformation. Over the years he has served as Principal Investigator as well as co-investigator in a number of international multidisciplinary research projects on physical activity, nutrition and health, specifically focusing adolescent obesity and body image. As Director of International programmes at UB he led the development and implementation of international collaborative partnerships between UB and various universities across the globe and contributed to scholarship in this area, specifically providing the much needed African perspectives.



Paul Amuna: MD; MMedSci; PGCHE; FRSM; RNutr

A physician scientist, consultant in international nutrition, trustee and chair of the international affairs committee of the nutrition society and a trustee of the African Nutrition Society. Currently head of Research at the Primary Health Care Corporation, Qatar where he provides strategic leadership for primary care research. With a particular interest in education and health workforce capacity building. An advisor to FAO on nutrition education. His research focus is on the nutrition transition in developing countries, and the impact of maternal nutrition and health on pregnancy outcomes.



Francis B. Zotor PhD; RNutr, FHEA

Is a senior academic in Ghana, a recognized leader in nutrition across Africa and has been instrumental in driving and promoting the establishment of a strong nutrition profession on the African continent through training and research to underpin programme delivery especially across the health and education sectors. His expertise covers developing links between poverty, food and nutrition security and non-communicable diseases (NCDs) across the life cycle. He is also a member of NEPAD's expert panel on Food Security and Nutrition in Africa.



Hamidou Sinare

Hamidou was born in Burkina Faso in West Africa. He grew up with a grandfather who was a farmer and traditional therapist in West African medicine, including massage. He went to school in Ouagadougou, capital of Burkina Faso, where his parents live. Each holiday was spent with his grandfather in the village to help with agriculture and to learn about how to take care of people that came to my grandfather seeking help for their pains through massage and other traditional treatments. He became a certified massage therapist in Swedish classical massage, 2012, and continued training to become a certified medical massage therapist in 2013. He likes to take walks in nature and to train physically. He also leads aerobic gymnastics at Friskis and Svettis (Healthy and Sweaty) in Uppsala, Sweden's largest volunteer physical exercise movement.

